When tear production is reduced by inflammation due to Chronic Dry Eye

Your Journey With RESTASIS®

What to know before getting started

You have a disease called Chronic Dry Eye (CDE)

Chronic Dry Eye (CDE) is not a condition that comes and goes, but a disease caused by decreased tear production due to inflammation.

• Your eye doctor has determined your type of CDE requires prescription treatment—RESTASIS® (Cyclosporine Ophthalmic Emulsion) 0.05%
• RESTASIS® is the only prescription eye drop that helps increase your eyes’ natural ability to produce tears for your type of CDE. RESTASIS® did not increase tear production in patients using anti-inflammatory eye drops or tear duct plugs.

RESTASIS® is different from artificial tears

• Artificial tears can be helpful for temporary relief, but they do not increase your ability to produce more tears—only RESTASIS®, a prescription medicine, can do that.
• You can use artificial tears, such as REFRESH OPTIVE™ Advanced Lubricant Eye Drops, with RESTASIS®. Allow 15 minutes between products.

Your first use

Invert (turn upside down) the vial a few times to obtain a uniform, white, opaque emulsion.

Place 1 drop of RESTASIS® in each eye in the morning from 1 vial, then discard the vial. Repeat at night, about 12 hours later.

You may experience a temporary stinging or burning sensation. This may be a response to treatment. If you have concerns or want to stop treatment, talk to your eye doctor right away.

RESTASIS® is packaged in single-use vials because it doesn’t contain any preservatives. One vial should be used each time and immediately discarded after each use.

If you wear contact lenses, remove them before using RESTASIS®. You can put them back in 15 minutes after dosing.

What to expect

Beginning

It took time for your type of CDE to develop, so be patient, and give RESTASIS® 3 months to 6 months to improve tear production.

1 Month

Your eyes may begin producing more of their own tears. This is just the start, so keep going.

3 Months

You may notice an increase in tear production. Stick with it—more of your own tears should be on their way.

6 Months

Congratulations on reaching this milestone. You may experience a significant increase in tear production and may need artificial tears less often. Ask your eye doctor about how you are doing on RESTASIS®.

With Continued Use

It’s up to you to keep your tear production going strong. You may only make more of your own real tears if you continuously use RESTASIS®, so if you’re thinking about discontinuing treatment, please talk to your doctor.

Approved Use

RESTASIS® (Cyclosporine Ophthalmic Emulsion) 0.05% helps increase your eyes’ natural ability to produce tears, which may be reduced by inflammation due to Chronic Dry Eye. RESTASIS® did not increase tear production in patients using anti-inflammatory eye drops or tear duct plugs.

Important Safety Information

Do not use RESTASIS® Ophthalmic Emulsion if you are allergic to any of the ingredients. To help avoid eye injury and contamination, do not touch the vial tip to your eye or other surfaces. RESTASIS® should not be used while wearing contact lenses. If contact lenses are worn, they should be removed prior to the use.

The most common side effect is a temporary burning sensation. Other side effects include eye redness, discharge, watery eyes, eye pain, foreign body sensation, itching, stinging, and blurred vision.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see accompanying full Product Information.
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